

School Monitoring Reports under Bumthang Dzongkhag

As part of the school monitoring on the Health and Physical Education (HPE) and School Sports Programs, the GSD continues to carry out visits to schools with prior information to the concerned Dzongkhag/Thromde Administration. The visits are basically to understand how the HPE and school sports program (as an integral part of holistic education) are being implemented in schools. The visits are also to study how the HPE classes are allocated, carried out and how School Sports Instructors (SSIs) are shouldering their responsibilities. Importantly, it is also to reiterate policies and program directives, check on status of sports infrastructures, fund utilization, exchange ideas and good practices and to also seek feedbacks and suggestions mainly to further strengthen the HPE and School Sports Program.

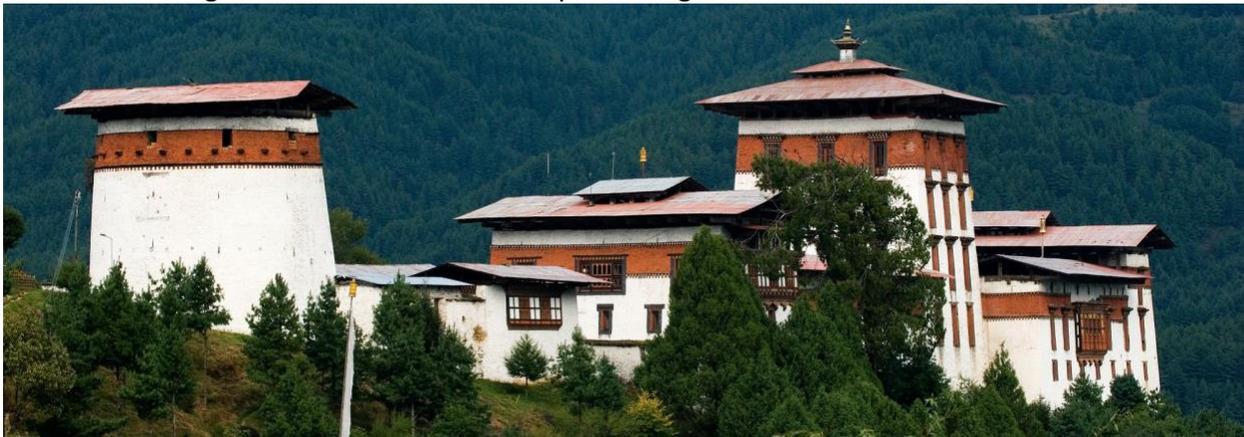


Fig 1. Bumthang Dzongkhag

The following are few General Observations/Suggestions after having visited 3 schools with School Sports Instructors from 11th to 20th March 2019:

1. The Dzongkhag Education Sector henceforth for 12th FYP to carry out budgeting for 2 Budget Titles under Budget Code 17.08:

i). Dzongkhag Schools Sports Meets (Senior & Junior levels) and

ii). Promotion of sports and physical activities at the Dzongkhag levels

This may enable the Dzongkhag Education Sector to received adequate funds to organize both Senior and Junior level DSSMs and also allocate funds to schools to carry out in-school sports programs.

The Dzongkhag Education Sector must remind/instruct the Central & Autonomous Schools to also propose the same budget heads and after approval of the grant must ensure to allocate funds for both Promotion of sports and physical activities in the school plus allocate funds for procurement of sports equipment/items. (Refer to the Guidelines issued by the GSD, DYS or the 29th EPGI, 2011 page 35 on wards given as annexure)

2. The Central and Autonomous schools visited reported for having received the funds for procurement of sports items/equipment (**budget code 14.07**) which enables schools to

procure sports equipment in accordance to the Quotations carried out by the Dzongkhag Tender Committee. The 3 Schools (Chumey Central School, Ura Central School and Jakar HSS) had no problem with this fund except that the school seemed to have not proposed the budget for the procurement of sports equipment/items separately.

3. It could be suggested that while floating quotation, the Dzongkhag Administration could ask only the license holders for supply of sports goods to bid for the tender quotation (Particularly for sports goods). This initiation may bring about receiving quality sports goods.
4. The Education Sector to ensure that all schools allocate HPE periods to all classes from PP to X as per the Royal Education Council's period allocation policy and ensure that any general teacher or teacher with HPE background take up the classes. The same general teacher taking up HPE could be later nominated to attend the training on the revised HPE curriculum for classes PP to III to be organized by the GSD, DYS during the school breaks provided funds are received from the RGoB.
5. The GSD, DYS would like to remind that the annual assessment/performance evaluation and processing the contract extensions of the School Sports Instructors (SSIs) are decentralized to the school management which must also channel through the Dzongkhag Administration. Therefore, it is advised that the school management as well the Dzongkhag Education Sector to evaluate the performances genuinely and in a transparent manner taking reference to their Action Plan developed and Daily Log of Activities maintained which depicts achieving their workload per week and also engagement of children and mainly in their performance in implementing the sports programs effectively.

All the three SSIs have been asked to prepare the Daily Log of Activities (Pre-planned & endorsed by the School Management) and submit on weekly basis to the GSD for improvement of their performance as required of them.

6. The Dzongkhag Education Sector and school management are advised to be cautious of various ad-hoc activities coming to Dzongkhag/schools either to conduct activities or release of teachers/students by various agencies. Dzongkhag/School must insist on the approval of the Ministry or Dzongkhag Administration to ensure that the programs are through proper channel and in a transparent manner. Such measures are not to prevent programs being carried out but primarily to ensure that schools are not often disturbed in carrying out their already planned activities and most importantly to ensure the welfare and safety of students in incase they are engaged.
7. The GSD, DYS would also remind that no fund of the school sports program (program or equipment fund) should be spent on any ad-hoc programs initiated by other agencies other than on the regular planned HPE or Sports programs executed as per the GSD, DYS guidelines.

The Games and Sports Division, DYS would like to thank the Dzongkhag Education Sector and the school managements for continuously supporting and implementing the sports programs in the schools. We would also extend our appreciation to the school management for their time spent for the meetings and openly discussing on the HPE and School Sport Program during the visits to the schools.

We strongly believe HPE and Sports has immense contribution to the holistic development of children. The HPE and sports would not only contribute to enhancing healthy lifestyle, instilling values and skills that are essential in life but also importantly contribute to the emotional and social wellbeing of the child which is fundamental to achieving success in academics. The GSD, DYS would continue to look forward to the full support of the schools in making HPE and sports the most vibrant program and also beneficial to each child and youth in the country.

For any comments and clarifications regarding HPE and school sports, contact the Games and Sports Division of the Department of Youth and Sports, Ministry of Education, Thimphu. **The GSD would also request all to visit the website: www.dys.gov.bt**

3. Jakar HSS:

Detail of the school:						
Name of the school	Dzongkhag/Thromde		Estd. year		Area	
Jakar HSS	Bumthang		1961		36 acres	
School established as Central school			---			
Detail of Staff:						
Designation	Name			Date of joining		
Principal	Mr. Ngawang Jamtsho			June 2017		
Vice Principal	Mr. Phuntsho Wangdi			March 2017		
School Sports Instructors	Chimi Dorji			January 2018		
HPE Teacher	-----			-----		
Number of Staff	Teaching		Non Teaching		Supporting Staff	
	Male	Female	Male	Female	Male	Female
	25	8	10	7		
Total	33		17			
Detail of Student:						
Class Range:	IX– XII		Section:		18	
Number of Students	Boys		Girls		Total	
	288		309		597	
Number of Boarders	Boys		Girls		Total	
	159		159		318	



Fig. 3.1. Jakar HSS

Observation:

1. The school has received the National Standard and Guidelines for School Sports Program Booklet (NSFSSPA). A copy of the booklet was also issued during the visit.
2. The school was aware of the circular issued regarding the allocation HPE period of one period a week to classes PP to X. The school was provided with the copy of the circular for records.
3. The school has provided one period of HPE per week to classes IX and X.
4. The school has developed a school calendar and the sport calendar is merged in it. However, the SSI has also maintained a separate sports calendar which is specific and detailed.
5. The school has a 6 members school sports committee which is led by a Senior Teacher. The committee function as custodian and helps in the coordination of sports events in the school.
6. The school does not have sports day but instead conduct a Mass Athletics Program for two weeks.
7. The school has initiated school to school (student /teachers) and school to outsider team competitions to encourage solidarity.
8. The school has participated in the DSSM, RSSM and the National School Games in the year 2018.
9. The school was not much aware of the provision for rating student's wellbeing and participation in sports in the progress report card.

10. The school was not aware of the School Sports Scholarship Schemes and has not benefited any students.
11. The school rarely engage local community and other agencies to garner funds for the implementation of Sports and Physical Activities in the school.
12. As an Autonomous school, the school received the budget in grant from the Royal Government.
13. For the fiscal year 2018-19, the school has allocated Nu. 30,000/- for procuring sports equipment. The school also purchased sports equipment directly from the supplier as and when required.
14. The school has also informed the SSI to carry out sports competitions and submit the bills of refreshments to the school.
15. The school uses their own budget and from SDF and hence no other sources has been explored to secure fund.
16. The school has the following sports facilities:

Sl. No	Facilities	Quantity	Remarks
1.	Football Ground	1	Standard size .newly developed
2.	Basketball Court	2	
3.	Volleyball Court	2	
4.	Table Tennis	1	Played in the MP hall
5.	Badminton	1	
6.	MP Hall	1	



Fig 3.2. basketball Court



Fig. 3.3. Newly developed Football Ground

17. The school sports facilities are made accessible to students at all times with adequate sports equipment.
18. The school has no recreational park and also has no plan to develop any such facilities.
19. The school has no access to any sort of public sports facilities like gymnasium or Football pitches.
20. Mr. Chimi Dorji is the School Sports Instructor and have joined the school in January 2018 after being recruited and trained for 6 weeks. The SSI has also undergone 2 years Diploma training in HPE prior to being recruited as SSI.
21. The SSI has prepared the Action Plan and also maintained the Daily Log of activities. However, the action plan contained 5 weeks every month and the Daily log book not properly endorsed by the immediate supervisor. The average working hour was calculate at 7 hours per week (approx.).
22. The school administration was aware that the annual evaluation, promotion and contract extension of SSI is delegated to school and Dzongkhag.
23. The HPE classes for classes IX and X are allotted to the SSI as there is no HPE teacher. The school administration was informed that the requirement of HPE teacher can be included in the Teacher Requisition Exercise (TRE) and also include the workload of HPE teaching in the IWP.
24. **The SSI is assigned an additional responsibility of an Olympic Archery club coordinator.**
25. Apart from carrying out the normal duty of conducting the sports competitions/tournaments and attend to HPE classes, the SSI has not much after and before school activities reflected in the Daily Log of activities that would bring about mass participation.
26. The schools conducts Khuru, Degor and Archery competition to promote Bhutanese indigenous sports.
27. Except for Taekwondo and Olympic archery which is conducted for two days after class, the school reported that there is not much disturbance from other federations and agencies.
28. The school was not aware of the procedure to seek approval of the Ministry/ Dzongkhag/Thromde to take part or release of students/teachers/ SSI for any trainings, competitions proposed by other agencies.
29. The school administration plans to initiate one day every week for teachers to play sports and build solidarity and team spirit.

Recommendation/Suggestion:

1. The school was also aware of the provision to reflect the Health and students participation in sports in the progress report card. As such, the school could also precisely

reflect rating like “good football player and participated in the School level/ Dzongkhag level/ Regional Level/National level “ instead of generally commenting as “actively participated, good/ very good/ healthy” which is very vague.

2. The school to propose budgets for Procurement of sports equipment/items and Promotion of sports and physical activity as follows: (**Refer the guidelines issued by the GSD, DYS**)
 - a. *14.07: Procurement of sports equipment and items.*
 - b. *17.08: Promotion of Sports and Physical Activity at the Dzongkhag level*
 - c. *17.08: Conducting Dzongkhag School Sports Meets (DSSM). (This budget is to be provided to the Dzongkhag for conducting the DSSM)*
 3. **Due to lack of appropriate documentation and only achieving 7 hours per week approximately, the SSI is found to be under performing.** Thus, the SSI is required to follow up the following measure:
 - a. *The SSI to prepare Daily Log of activities for every week (Pre-planned) and get endorsed by the Principal, VP of the non academic head every Monday prior to executing the plan. The copy of the plan has to be submitted to the GSD, DYS every Monday for 4-5 consecutive weeks.*
 - b. *The SSI to also send the action plan duly verified by the Principal, VP or the non-academic head.*
 4. The SSI to use the weekends (Saturday and Sunday) to engage students so that the working hours and mass participation can be both achieved.
 5. **The school was informed to immediately relieve the SSI from carrying out the additional responsibility of an Olympic Archery club coordinator.**
 6. The School administration has shared that Khuru and Archery as an indigenous games are promoted, however, the GSD has reminded that the Archery should be the traditional archery and not the Olympic archery which uses modified bows and arrows.
 7. The school management are advised to be cautious of various ad-hoc activities coming to schools either to conduct activities or release of teachers/students by various agencies. The School must insist on the approval of the Ministry or Dzongkhag Administration to ensure that the programs are through proper channel and in a transparent manner. Such measures are not to prevent programs being carried out but primarily to ensure that schools are not often disturbed in carrying out their already planned activities and most importantly to ensure the welfare and safety of students in incase they are engaged.
 8. The GSD, DYS also reminded that no fund of the school sports program (program or equipment fund) should be spent on any ad-hoc programs initiated by other agencies other than on the regular planned HPE or Sports programs executed as per the GSD, DYS guidelines.
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